

JūShinKan Aikido Stavanger

invites you to a weekend seminar with:

Fabrice Somers

4. Dan Aikikai

14-16 May 2010

Friday 19.00-21.00

Saturday 10.30-12.30
Lunch break
15.00-17.00 + social event

Sunday 11.00-13:00
Short break (bring snack)
14:00-15:30

Location:

Stavanger MMA Centre
Harald Hårfagresg. 15 / 4014 Stavanger

Price:

Full seminar: 500 NOK
Per 2-hr session: 200 NOK
Juniors ≤ 19: 400/150 NOK
Aikidoka from other clubs: 400/150 NOK

(small changes are possible, find the latest news on our website – or [on Facebook](#))

Private accomodation is possible upon early notification!

Contact: jacqueline.vonarb@uis.no

mobile: +47 98 25 06 28

<http://stavangeraikido.wordpress.com>

Fabrice Somers is *dojo-cho* of Junten Dojo, just south of Brussels, which was named by and inaugurated in Octobre 2009 by Endo *Shihan*, to whom Fabrice is very close, often accompanying him to seminars throughout Europe. He also trains intensively with Doshu during his yearly trip to Hombu. He will be accompanied by 3 of his higher graded students.



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How to get to MMA Center:

📍 By car.

From South: Take E39 highway until you hit a roundabout, take a right (Madlaveien).

From North: Take E39, after Byhaugtunnelen, take a left by the roundabout with the Esso Station on to Madlaveien.

Both: Drive along Madlaveien, through Bergelandtunnelen, take a right then straight until you go through another small tunnel, take a left (Hesbygata, in the roundabout with the Statoil station, then left again (around the skating/basketball park) and there you are (red building, entrance under the Rubber-Style sign). Parking in front or on the side of the building.



📍 By bus from the center of Stavanger (Bus terminal and Train Station).

Walk around the little lake (Breiavannet) to the back of the Cathedral (Domkirken), find stop nr 40 (on Klubbgata, in front of Rogaland Avis office). Take buss number 1A or 1B direction Hundvåg (goes every 10-15 mn or so), go off at Kjelveve station (4th stop, right after the small tunnel, with a roller-skating park on your left. Walk through or around the park to the red building with the Rubber Style sign and the Kampsport Senter sign.

TIP: ask for the “nærsonetakst”, it will cost you kr 12 (instead of 23).

📍 From the airport:

Get your luggage, walk through the revolving door, to your right, there is a “Flybuss” to Stavanger. Takes about 30 mn, at a cost of NOK 80,- one way, kr 130 for a return ticket. [Link to map for walk](#)
Get off at the end station called Fiskepiren (by the ferry pier). Then walk East along the Quay (Bekkhuskaien), follow Nedre Banegata to Harald Hårfagres Gate. Take a right before the Basketball courts, and you're there!

More help? Got Lost?: Call Jacqueline: +47 - 98 25 06 28

