



JūShinKan Aikido
@ Stavanger MMA Center
invites you to a weekend seminar with:

Börje Lindén

6. Dan Aikikai

6.-8. November 2009



Börje Lindén is an active follower and very close student of Endo *Shihan*. Börje started Aikido in 1975 in Finland and moved to Sweden in 1992. In his early years of Aikido he was also inspired by several *senseis*: Ichimura *sensei*, Kobayashi *sensei*, Igarashi *sensei* as well as Kanetsuka *sensei*, Frank Noel and Christian Tissier. He now practices and teaches at Iyasaka *dojo* in Stockholm.

Place: Harald Hårfagres Gate 15 (the Rubber-Factory) - 4014 Stavanger

Schedule: **Friday** 19.00-21.00
Saturday 10.30-12.30
Lunch break
15.00-17.00
Sunday 11.00-13.00
Short break
13.30-14.30

No weapons (*jo* or *bokken*) are required at this seminar

(small changes are possible, find the latest news on our website)

Price: Full seminar: 500 NOK – single session: 200 NOK
Junior (< 18 y/o) / Visitors from other clubs: 400 NOK – single session: 150 NOK

Accommodation: Private accommodation will be provided if needed.
In that case, please, contact Jacqueline von Arb as soon as possible!

Saturday evening: Social event

Stavanger JūShinKan Aikido

Contact: Jacqueline von Arb

<http://stavangeraikido.wordpress.com>

Mobil: +47 98 25 06 28 jacqueline.vonarb@uis.no

How to get to MMA Center:

📍 By car.

From South: Take E39 highway until you hit a roundabout, take a right (Madlaveien).

From North: Take E39, after Byhaugtunnelen, take a left by the roundabout with the Esso Station on to Madlaveien.

Both: Drive along Madlaveien, through Bergelandtunnelen, take a right then straight until you go through another small tunnel, take a left (Hesbygata, in the roundabout with the Statoil station, then left again (around the skating/basketball park) and there you are (red building, entrance under the Rubber-Style sign). Parking in front or on the side of the building.



📍 By bus from the center of Stavanger (Bus terminal and Train Station).

Walk around the little lake (Breiavannet) to the back of the Cathedral (Domkirken), find stop nr 40 (on Klubbgata, in front of Rogaland Avis office). Take buss number 1A or 1B direction Hundvåg (goes every 10-15 mn or so), go off at Kjelveve station (4th stop, right after the small tunnel, with a roller-skating park on your left. Walk through or around the park to the red building with the Rubber Style sign and the Kampsport Senter sign.

TIP: ask for the “nærsone takst”, it will cost you kr 12 (instead of 23).

📍 From the airport:

Get your luggage, walk through the revolving door, to your right, there is a “Flybuss” to Stavanger. Takes about 30 mn, at a cost of NOK 80,- one way, kr 130 for a return ticket. [Link to map for walk](#)
Get off at the end station called Fiskepiren (by the ferry peer). Then walk East along the Quay (Bekhuskaaien), follow Nedre Banegate to Harald Hårfages Gate. Take a right before the Basketball courts, and you’re there!

More help? Got Lost?: Call Jacqueline: +47 - 98 25 06 28

